BALANCING ENGAGEMENT AND DETACHMENT: 
*Skills from the Dramatic Arts*

Megan Cole, Artist-in-Residence

Mondays and Wednesdays, March 13 - 29, 2006
12:00 – 1:00 p.m.
Medical School Building Basement (see below for locations)

BLUE BOOK CREDIT AVAILABLE TO MEDICAL STUDENTS ATTENDING
4 OUT OF 6 LECTURES

This course consists of six interlinked workshops for healthcare students who wish to explore the principles and skills of balancing thought and feeling in the physician/patient encounter. The instructor is a professional actor with a specialty in using actors’ techniques to understand the unique world of the patient.

Monday, March 13, Session #1, B.645
**FUNDAMENTAL PRINCIPLES OF BALANCE**
The essential components of a good balance between thought and feeling, and why that balance is important.

Wednesday, March 15, Session #2, B.100
**THE TWO BASIC SKILLS: FOCUS AND SELF-WATCH**
Mechanisms for leaving our “baggage outside the door.”

Monday, March 20, Session #3, B.605
**EVALUATION SKILL: ACTION/OBJECTIVE/OBSTACLE**
Tools for analyzing difficult encounters with patients.

Wednesday, March 22, Session #4, B.605
**THE HIDDEN REALITY: STATUS**
Increasing awareness of the basic element in all human interaction.

Monday, March 27, Session #5, B.645
**INTERNAL REALITIES: SUBTEXT**
Becoming skilled at reading nonverbal messages.

Wednesday March 29, Session #6, B.645
**EXTERNAL REALITIES: CONTEXT**
Increasing recognition of external influences on effective communication.

LUNCH WILL BE PROVIDED FOR THE FIRST 50 ATTENDEES OF THE FIRST SESSION